



A BETTER LIFE THROUGH AUTHENTIC CONNECTION

Chris

- ✓ I love the out doors and having fun with mates. I'm an easy going open minded person who likes meaningful connections through conversation.
- ✓ I enjoy walking alongside people on their journey to discovering themselves and their strengths. I'm an active listener who is present and does not pass judgment.
- ✓ i'm a kind, gentle person. I like to relax on the weekends by either taking my dog for a walk or going for a stroll down the beach.

Skills & Experience

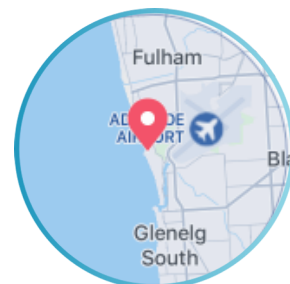
- ✓ 9 years experience managing people
- ✓ Active listening and effective communication
- ✓ Can identify vulnerabilities and acknowledge experiences
- ✓ Great at building trust and rapport
- ✓ 6 years experience supporting someone with Complex Post Traumatic Stress Disorder and Generalised Anxiety Disorder.
- ✓ Empathic and open-minded

Interest & Hobbies

- ✓ Hiking
- ✓ Stand up comedy shows
- ✓ Listening to podcasts
- ✓ Going to the movies
- ✓ Watching live sport
- ✓ Basketball (NBA)
- ✓ Outdoors
- ✓ Cooking
- ✓ Video games
- ✓ Bowling

Location

South Australia
West Adelaide



Contact us!

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