



A BETTER LIFE THROUGH AUTHENTIC CONNECTION

Ella

Hello, I'm Ella, and I decided to become a mentor because I've always had a strong desire to support and assist others. I would describe myself as empathetic, easy-going, and compassionate. I have a knack for putting myself in other people's shoes and I always strive to brighten someone else's day. Bringing joy to people and finding ways to improve their day bring me immense happiness. I aim to be a trustworthy friend and a comforting presence for those who need someone to talk to. My goal is to lift people up and help them foster a positive mindset, as this has been incredibly beneficial for me throughout my own life journey. I also enjoy bringing smiles to people's faces, whether by embarking on an exciting adventure or simply spending quality time together. If you're seeking a mentor who will not only lend a listening ear but will also accompany you on various endeavors, then I'm here for you. I'm always enthusiastic and ready to explore new experiences, as I derive great pleasure from trying new things.

Skills & Experience

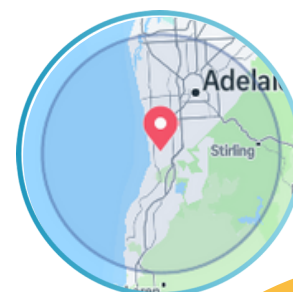
- ✓ Empathetic and understanding
- ✓ Emotionally intelligent and intuitive
- ✓ Understanding of mental health incl. ASD, Anxiety, Depression
- ✓ Understanding of weight training and fitness
- ✓ Studying a Bachelor of Media and Communication

Interest & Hobbies

- ✓ Gym / Fitness
- ✓ Music: Listening + Live
- ✓ Singing
- ✓ Beach days
- ✓ Makeup / Beauty
- ✓ Content Creation
- ✓ Video Games
- ✓ Shopping
- ✓ Fashion
- ✓ Photo editing
- ✓ Healthy Lifestyle
- ✓ Photography

Location

South Australia
Adelaide Central



Contact us!

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