



A BETTER LIFE THROUGH AUTHENTIC CONNECTION

Jacinta

Hello, my name is Jacinta. I wanted to become a mentor because I have suffered from mental health issues in the past and understand the daily struggles that others may face. I was able to overcome my own issues and live a better life as a result of having a strong support system. I'd love to be able to offer that same network of support to others. I enjoy assisting others by listening to their problems and providing advice and assistance on techniques that we can use to improve the issue. I am a mentor who is wanting to help others become more self-sufficient, increase life skills and support those who struggle from mental health issues.

Skills & Experience

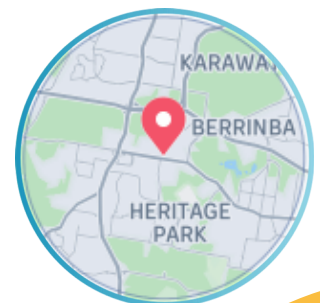
- ✓ Swim teacher for 9 year
- ✓ Certificate of Education support
- ✓ Studying Cert 4 in Mental Health
- ✓ Lived experience with Mental health issues, Cerebral palsy, Down Syndrome, Autism 2 & 3, Blindness and Impaired hearing, ADHD, Intellectual Disability, Dyslexia, Anxiety, PTSD, Schizophrenia, Bi Polar, Epilepsy, Split-personality Disorder and Acquired Brain Injuries.

Interest & Hobbies

- ✓ Music
- ✓ Singing
- ✓ Cars
- ✓ Car racing
- ✓ Arts and crafts
- ✓ Water sports and recreational activities
- ✓ Fishing
- ✓ Theme Parks
- ✓ All animals bar bug
- ✓ Sports - NRL, AFL, Soccer and Union

Location

Queensland
Brisbane South



Contact us!

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