



A BETTER LIFE THROUGH AUTHENTIC CONNECTION

JADE

Jade is an empathetic, kind and flexible mentor passionate about empowering people to achieve their dreams and become more independent. She finds immense joy in guiding others on their journey to actualise their vision, using her creativity, and musical abilities. Jade's approach is all about attuning to mentees' unique needs through active listening and helping them discover their potential through innovative and artistic methods. She wants to encourage individuals to be healthy and connected with nature as a way to stay grounded and in tune with oneself. Jade also loves dancing and having fun, will happily accompany you in shenanigans, out in the community, or enjoying some good food or coffee. If you're looking to unleash your creativity and explore new artistic avenues, Jade is the mentor for you!

Skills & Experience

- ✓ 10+ years experience as a support worker working with a diverse range of human beings.
- ✓ Currently studying a Bachelor in Psychotherapy and Counselling - in her final year.
- ✓ Therapy - Studied Adv Dip. in Transpersonal Art Therapy.
- ✓ Completed Dip. in Music - Studio Production.
- ✓ Professional Musician (singer-songwriter).
- ✓ Experience with individuals in mental and emotional distress and crisis.
- ✓ Therapeutic skills from her studies and experience attending to people.

Interest & Hobbies

- ✓ Playing Music
- ✓ Nature Walks
- ✓ Gardening
- ✓ Food/cooking/eating
- ✓ Hiking/Camping
- ✓ Journaling/reading
- ✓ Yoga/mediation
- ✓ Art
- ✓ Live Music
- ✓ Singing
- ✓ Op shops
- ✓ Vintage goods
- ✓ Off beat Movies
- ✓ Beach/Nature

Location

Queensland
Gold Coast



Contact us!

- ☎ 0423 242 084
- ✉ admin@authenticsupport.me
- 🌐 www.authenticsupport.me

