



# A BETTER LIFE THROUGH AUTHENTIC CONNECTION

#### **Nathan**

I am someone who is passionate about sports and fitness. I always enjoy spending time outdoors and love to encourage people to explore nature or play games in the park. Whether it's a game of football or simply watching a match, I take great pleasure in participating and sharing in the excitement of sports. One of my greatest joys is learning new things and trying them out for myself. Whenever I acquire a new skill or knowledge, I always look for opportunities to share it with others. Seeing the improvement of those around me is very rewarding and motivating. As a caring and empathetic individual, I take pride in helping people achieve their goals, no matter how big or small. I believe that being a mentor is a valuable role and I always strive to guide people on their journey towards success. With my own life experiences, I aim to provide invaluable insights and knowledge to those who seek it.

### **Skills & Experience**

- 15 Years experience in personal training
- Certificate III in Disability Support
- ✓ 4 years experience with Juvenile ASD
- ✓ 2 years experience in assistance of visually impared persons
- First Aid and CPR certified
- Extensive retail and administration experience

#### **Interest & Hobbies**

- AFL / NBA / Cricket
- Cooking
- Hiking
- Outdoors
- Photography
- Painting
- Drawing

- Home DIY
- Bike Riding
- Gym/Fitness
- Kayaking
- Travelling
- Fishing
- Video games

## Location

South Australia Adelaide South



## Contact us!

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