



A BETTER LIFE THROUGH AUTHENTIC CONNECTION

Seth

Hi, my name is Seth. I am a highly empathetic person who enjoys engaging with people and bringing out their best. Mental and physical health are extremely important to me and I strive for a lifestyle that supports these pillars. In my free time I practice marital arts and have fought on a competitive level. I also enjoy video games and board games such as Dungeons and Dragons.

Skills & Experience

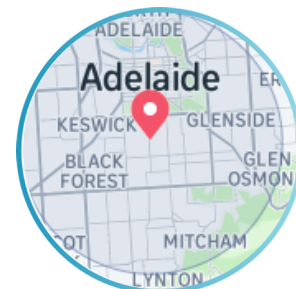
- ✓ Studies psychology at Flinders Uni
- ✓ Cert IV in personal training
- ✓ B2 level in Spanish
- ✓ Well travelled around the world

Interest & Hobbies

- ✓ Dungeon Master
- ✓ Travelling
- ✓ Archery
- ✓ Gym & Lifting weights
- ✓ Martial arts - Brazilian Jiu Jitsu, Muay Thai and MMA
- ✓ Surfing
- ✓ Diving
- ✓ Meditation
- ✓ Learning languages
- ✓ Video games & Anime
- ✓ Spending time with my dog (Happy)

Location

South Australia
Adelaide South



Contact us!

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