

# A BETTER LIFE THROUGH AUTHENTIC CONNECTION

#### Teagan

Hello there! My name is Teagan. I consider myself a spontaneous and creative person who loves outdoor adventures. I have a strong passion for learning, living a fulfilling life, making friends, and helping others. Ever since I was a child, I've always enjoyed assisting people in need. I find it fulfilling to positively impact lives and assist individuals in achieving their goals. With 5 years of experience in childcare, I am eager to share my knowledge and expertise to help others improve their lives. I naturally enjoy aiding people and creating a safe and comfortable space for everyone. I care deeply about people's physical and emotional wellbeing and strive to be a source of support in their lives. Personally, having the proper support and a positive role model helped me regain a sense of purpose and belonging. If you're looking for a mentor who is compassionate, patient, and supportive, then choose me! I can assure you that we will have fun, experiment, and grow together.

## **Skills & Experience**

- ✓ 5 years experience working with children (aged 1-12)
- S2 &S3 Trained with Medication Handling Capabilities
- I am First Aid and CPR trained
- Understanding of mental health incl. PTDS, BPD, Bi Polar Dissorder, ADHD, Anxiety & MDD, ASD and Eating Disorders.
- Extensive list of hobbies and interests and happy to step out of my comfort zone to try a new opportunity

### Interest & Hobbies

- Sports /Gym /Fitness
- Adventure Parks
- Hiking/Camping
- Music Festivals
- Surfing/Snorkling/Beach
- Fashion & Modelling
- 📀 Yoga/Pilates/Gymnastic 🛭 📀 Puzzle games

Location Brisbane West Oueensland

- Arcade games
- Animals/Zoos
- Wellness/SelfCare
- Painting/SBooking
- DIY Home Project

Brisbane

## Contact us!

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