



A BETTER LIFE THROUGH AUTHENTIC CONNECTION

Tia

Hi, I'm Tia and I've chosen to be a mentor because I'm passionate about connecting with people on a deeper level. I believe everyone holds a universe within them and I'm eager to explore your unique interests, aspirations, and the little quirks that make you who you are. I'm a big fan of music, dancing, and anything spiritual, mystical, and philosophical. In addition to that, I'm also interested in animals, nutrition, gym workouts, baking, gardening, and DIY projects. I'm open to trying new things, so whatever you're interested in, I'm on board! Whether it's expanding creatively, spiritually, or physically, I'm here to support you. Whether it's attending a local gig, delving into yoga, hitting the gym, exploring a festival, or learning a new skill, I'm all in. And whenever you need to unwind, I'm here to create a safe, empathetic space for you. I've experienced a lot in life, and my goal is to share the wisdom I've gained to help you along your journey. It's an honor for me to guide and support your soul's growth and nourishment in any way I can, even if it's simply sharing a cup of tea and a conversation on days when taking action feels overwhelming.

Skills & Experience

- ✓ BA in Philosophy
- ✓ Reiki Usui Level 1
- ✓ Gym and Nutrition Knowledge
- ✓ Highly empathetic and emotionally intuitive
- ✓ Tarot Reader

Interest & Hobbies

- ✓ Music / Festivals
- ✓ Animals
- ✓ Spirituality / Philosophy
- ✓ Mysticism
- ✓ Tattoos / Tattoo Art
- ✓ Nature
- ✓ Meditation / Breathwork
- ✓ Art / Tarot
- ✓ Poetry / Reading
- ✓ DIY Projects
- ✓ Fitness / Weights
- ✓ Foodie
- ✓ Gardening
- ✓ Hiking

Location

South Australia
Adelaide Central



Contact us!

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