



**AUTHENTIC
SUPPORT**

A BETTER LIFE THROUGH AUTHENTIC CONNECTION

Ricky

Hey there, I'm Ricky, and I'm passionate about empowering people to live their best lives! I absolutely love guiding individuals to reach their full potential. It's incredibly fulfilling to help people strategically plan, take action, and achieve their dreams. I firmly believe in customizing my approach to fit each person's unique style. With my proactive and positive attitude, I'm ready to take on any challenge. If you're seeking a mentor who is approachable, active, adventurous, and dedicated to bringing out your greatness, then look no further – I'm the perfect fit for you!

Skills & Experience

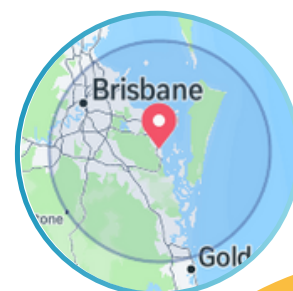
- ✓ Worked in Outdoor Education (School Adventure Camps) 7+ years
- ✓ Worked as a Personal Trainer, Coach, Fitness Director 10+ years
- ✓ Lead & facilitated Outdoor, Health & Wellbeing programs to a diverse range of group i.e Youth at Risk, PCYC, Professional Sports Clubs
- ✓ Mental Health First Aider, Experience facilitating programs for Neurodiverse groups, Safeguarding Level 3
- ✓ Advanced Diploma in Sports coaching, fitness & wellbeing

Interest & Hobbies

- ✓ Soccer Supporter
- ✓ Hiking
- ✓ Health / Fitness
- ✓ Crossfit Athlete
- ✓ Love dogs, I have 2
- ✓ Gaming
- ✓ Professional Wrestling
- ✓ Kayaking
- ✓ Climbing
- ✓ Canoeing
- ✓ Trading Cards
- ✓ Gym
- ✓ Anime

Location

Queensland
South East Brisbane



Contact us!

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